

**Patient  
Information**

# The Gloucestershire Brain Injury Team

## Introduction

This leaflet gives you information about the therapists working within the Gloucestershire Brain Injury Team and how they help people to achieve their best possible recovery.

### **The physiotherapists help patients to:**

- maintain joint movement and muscle strength
- improve their balance and co-ordination
- improve mobility by providing walking aids if appropriate

### **The occupational therapists help by:**

- assessing postural management, providing seating, bed positioning and splints if applicable
- assessing and supporting patients with returning to activities of daily living
- assessing and supporting patients with returning to work
- providing a Fatigue Management Service

### **The speech and language therapists help patients with:**

- eating and swallowing difficulties
- communication
- speech
- reading and writing

### **The therapy technicians help by:**

- supporting the team therapists
- carrying out therapy intervention in a support capacity
- liaising with Headway Gloucestershire

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Department

**Brain Injury**

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**March 2026**

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## The psychologists help patients to:

- understand what has happened
- understand and manage difficulties with memory, concentration or other 'thinking' skills
- deal with emotional consequences and any behaviour changes
- cope with life changes

The Gloucestershire Brain Injury Team continues to work with patients after discharge to help with their further recovery.

The team also work closely with Headway Gloucestershire, a charity which provides support and enablement services (Monday to Friday) for people who have had a brain injury. Some people attend Headway while they are still inpatients and continue visiting there after discharge.

## Contact information

If you have any questions, you can contact a member of the team on the number below.

### Gloucestershire Brain Injury Team

Gloucestershire Hospitals NHS Foundation Trust

Tel: 0300 422 5139 (answerphone)

Monday to Friday, 8:30am to 4:30pm

Email: [ghn-tr.brain.injury@nhs.net](mailto:ghn-tr.brain.injury@nhs.net)

The answerphone is checked at regular intervals each working day.

## The team members consist of:

Team manager: \_\_\_\_\_

Clinical psychologist: \_\_\_\_\_

Speech and language therapist: \_\_\_\_\_

Occupational therapist: \_\_\_\_\_

Physiotherapist: \_\_\_\_\_

Therapy technician: \_\_\_\_\_

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